

## Homecoming Wellness Walk

For Immediate release  
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NCCU “Homecoming Wellness Walk” Encourages health, Community Friday Morning,  
Oct 24

Durham, N.C - In connection with its 2025 homecoming festivities, North Carolina Central University will host a Homecoming Wellness Walk on Friday, October 24, beginning at 7:00 a.m. The walk or run event will loop around the perimeter of NCCU’s campus in Durham and is open to students, alumni, faculty, staff and people from the community.

The wellness focuses on the importance of physical health, community spirit, and remembrance. Money raised from this event will help support the NCCU Healthy Eagle Endowment Fund. Participants are encouraged to form teams and groups to honor former eagles or walk individually. The event plans to offer an opportunity to connect across the NCCU community while also promoting health and fitness.

Registration is required. Entry fees are 22.20 and include a participant bib. Participants may register through the event page at [findarace.com](https://findarace.com). Check ins will begin at 6:30 a.m. near the starting point to distribute materials and warm up.

### Logistics & Route

- The walk/run will start at 7:00 a.m. at a central NCCU campus location (to be confirmed during registration).
- The route will follow campus perimeter paths; the walk portion is accessible to most, though participants are advised to wear comfortable shoes and arrive prepared for morning chill.
- The event is expected to conclude around 9:00 a.m., with a short wrap-up gathering and health-related resources provided for attendees.

### How to Participate

- Register in advance via the NCCU Homecoming Wellness Walk listing on FindARace. [findarace.com](https://findarace.com)

- Entry fee: \$22.20.
- Team registration is possible for groups wishing to honor someone or show NCCU pride.
- What to bring: comfortable walking/running shoes, water bottle, and early morning layers.

#### Contact & Information

For more details, including exact route, check-in location, and any schedule updates, visit NCCU's Homecoming page or contact the NCCU Alumni Relations or Wellness Office. Media inquiries or requests for interviews with NCCU wellness coordinators should be made prior to the event day.

Contact:

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